

Mizu B&B Retreat & Spa

Melbourne Bayside - Victoria



Unwind at the Mizu B&B Retreat & Spa, a unique, boutique getaway exclusively for women. Located just 45 minutes from Melbourne, this retreat is ideally positioned at the gateway to the Mornington Peninsula with wineries, art galleries, cafés, restaurants and boutique shopping all close by. Overlooking the beaches of Port Phillip Bay, the Retreat's sweeping bay views add to the relaxing atmosphere of a spa focused on achieving a complete balance.

Japanese minimalist décor influences this boutique retreat, with Mizu being the Japanese word for water. The Retreat offers spacious, beautifully appointed suites with shoji screens, a small sitting area and generous beds with linen. The Retreat provides healthy, light cuisine along with specially blended herbal teas. With a limited number of guests, Mizu provides a peaceful setting perfect for a rejuvenating break.

Relax on the rooftop terrace, take a dip in the lap pool or spend some time connecting with other guests in the fireside living and dining areas. Mizu B&B Retreat & Spa offers an extensive spa menu, with no stay being complete without one of Mizu's divine cocoon treatments.

Property Features: Fireside living and dining area, Pool, Rooftop terrace, King size suites

Health and Wellbeing Activities: Yoga, Counselling, Nutrition consultations, Iridology, Flower Essence Therapy, Guided walks

Day Spa Features: 3 Treatment rooms, Vichy shower, NeoQi Dream Cocoon

Spa Menu: Massage (Relaxation, Reiki, Shirodhara), Hand and foot therapy, Body wraps and scrubs, Hydrotherapy, Ear candling, Facials

MIZU RE-ENERGISE ESCAPE

Packages at Mizu are designed specifically for women looking for a boutique stay where they can unwind, relax and feel rejuvenated. Revitalise the senses with a dip in the lap pool, participate in yoga, soak in a spa, or sit back on the terrace and take in what some have considered the best views of Port Phillip Bay. Or perhaps take a stroll to the beach to clear the mind. No stay at Mizu B&B Retreat & Spa is complete without experiencing the dreamy water therapy in the unique deluxe NeoQi Dream Cocoon.

MIZU RE-ENERGISE ESCAPE

- Three nights accommodation
- All meals daily
- Yoga session (60 minutes)
- Full body steam and hot oil hair treatment (60 minutes)
- Deluxe Cocoon Treatment (60 minutes)
Includes:
 - Dry body brush
 - Body mud and steam
- Guided beach and nature reserve walk on two days

PRICE PER PERSON		3	EXTRA
1 APR 08 – 31 MAR 09		NIGHTS	NIGHTS
Suite	Twin Share	\$900	\$230
	Sole Use	\$1250	\$295

Extra night price includes room and all meals.

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LOCATION:

45 minutes drive south of Melbourne.